



Complementary and Alternative Medicine (CAM) & Cancer Resources in Nova Scotia

Find a CAM practitioner

In Nova Scotia, regulatory bodies exist for Chiropractic medicine and Naturopathic medicine.

Nova Scotia College of Chiropractors : www.chiropractors.ns.ca

Nova Scotia Association of Naturopathic Doctors : www.nsand.ca

Paying for CAM Services

At this time, the Nova Scotia Medical Services Insurance does not provide coverage for any CAM therapies.

CAM Associations & Societies in Nova Scotia

Following is the list of CAM associations or societies in Nova Scotia. In Nova Scotia, there are no associations for mindfulness based stress reduction facilitators or shiatsu therapists. Contact your cancer centre for qualified individual CAM practitioners that may be available in your area.

Inclusion on these pages is for reference only and does not imply endorsement (therapies or members) by CAMEO or the BCCA.

AROMATHERAPY

Canadian Federation of Aromatherapists
www.cfacanada.com

ART THERAPY

Canadian Art Therapy Association
www.canadianarttherapy.org

CHIROPRACTIC

Canadian Chiropractic Association
www.chiropracticcanada.ca



HEALING TOUCH	Atlantic Therapeutic Touch Network www.atlanticcttn.com
HERBALISTS & NATURAL HEALTH PRODUCTS	Herbalist Association of Nova Scotia www.herbalns.org
MASSAGE THERAPY	Massage Therapists' Association of Nova Scotia www.mtans.ca
MUSIC THERAPY	Atlantic Association for Music Therapy www.atlanticmusictherapy.ca
NATUROPATHIC MEDICINE	Canadian Association of Naturopathic Doctors www.naturopathicassoc.ca
REFLEXOLOGY	Reflexology Association of Canada www.reflexolog.org
REIKI	Canadian Reiki Association www.reiki.ca
THERAPEUTIC TOUCH	Atlantic Therapeutic Touch Network www.atlanticcttn.com
TRADITIONAL CHINESE MEDICINE	Chinese Medicine and Acupuncture Association of Canada www.cmaac.ca
YOGA	Canadian Yoga Alliance www.canadianyogicalliance.com
MULTI-THERAPY ORGANIZATIONS	Natural Health Practitioners of Canada www.nhpcanada.org

CAM Information and Support at Cancer Centres

Cancer Care Nova Scotia **1-866 599 2267**

Website: www.cancercare.ns.ca

You can speak to a Cancer Patient Navigator directly by calling toll free **1-866 524 1234**. They will act as your guide through the healthcare system. They work with members of healthcare team to coordinate your visits to the cancer centres.

Nova Scotia Cancer Centre

Capital Health Cancer Care Program

Website: www.cdha.nshealth.ca/cancer-centre-nova-scotia

Guide: www.cancercare.ns.ca/site-cc/media/cancercare/CCNS_CH_Guide_05_11.pdf

Address:

Queen Elizabeth II Health Sciences Centre

5780 University Avenue

Dickson Building

2nd Floor Dickson - Main Level

Halifax, Nova Scotia

B3H 1V7

Telephone: **902 473 6000**

Resource Library:

Located in the Cancer Centre on the main floor of the Dickson Building.

Dietitian: Contact your own health care team to speak with a dietitian

Pharmacy: **902 470 8772**

Social worker: **902 473 6067**

Cape Breton Cancer Centre in Cape Breton Regional Hospital.

Website: www.cbdha.nshealth.ca

Guide: www.cbdha.nshealth.ca/ic2/intranet/includes/secure_file.cfm?ID=1&menuID=5083

Address:

1482 George Street.

Sydney, NS. B1P 1P3.

Telephone: **1-902 567 7771**

Library:

Paul J. Veinotte Memorial Library, located near the main reception desk.

Dietitian: contact your own healthcare team for a referral to a dietitian.

Pharmacy: contact your own healthcare team for a referral to a pharmacist.

Social worker: **902 567 8551**

Canadian Cancer Society

The Canadian Cancer Society has a Nova Scotia Division.

Toll-free within Nova Scotia: **1-800 639 0222**

Address:

Nova Scotia Division

5826 South Street

Halifax, Nova Scotia B3H 1S6

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