

## Cancer-specific

- [Memorial Sloan Kettering Database](#) is an easy-to-search, free database of NHPs for clinicians and patients. **Content:** The integrative medicine service website of the Memorial Sloan-Kettering Cancer Centre (MSKCC) includes a database of natural health products for clinicians and patients; there is some limited information about CAM therapies, like acupuncture. Monographs are written from the perspective of conventional Western medicine for patients and HCPs. **Languages:** English. **Access:** Free. **Additional:** MSKCC has produced an *About Herbs iPhone & iPad App* (about botanicals, supplements, CAM therapies, & integration), that is available on their [Mobile Apps](#) page. **Access:** Free.
- [University of Texas MD Anderson Cancer Center Database](#) resources represent an integrative medicine perspective. **Content:** Offers video and audio lectures on a number of integrative medicine and CAM topics, including integrative medicine, specific CAM therapies, guided meditations and yoga practices, and patient stories. **Languages:** English, limited Spanish and Chinese. **Access:** Free.
- [National Cancer Institute, Office of Cancer Complementary and Alternative Medicine](#) (OCCAM) explores complementary and alternative therapies in cancer in the context of rigorous science, training complementary and alternative medicine (CAM) researchers, and disseminating authoritative information to the public and professionals. **Content:** The site provides information for patients and health care professionals about current CAM research and clinical trials, general information related to CAM and cancer, and monographs on common CAM therapies, as well as educational resources, from an American conventional medicine perspective. **Languages:** English. **Access:** Free.
- [CAM-Cancer](#) is a European initiative aimed at summarizing and disseminating cancer-specific information about CAM for HCPs. **Languages:** English. **Access:** Free.

## General CAM information

- [Natural Medicines Comprehensive Database](http://naturaldatabase.therapeuticresearch.com) (<http://naturaldatabase.therapeuticresearch.com>) is a searchable database of natural medicines. **Content:** This database allows the user to enter any NHP name, disease or condition and search for product information, effectiveness ratings, potential interactions with drugs and other information. Highlighted services include the “Natural product effectiveness checker” and the “Natural product-drug interaction checker”. This site, developed primarily by pharmacists, is updated daily. *There is also a [consumer version](#) of the database, the [Natural Medicines Database](#) (<http://naturalmedicines.therapeuticresearch.com>) that presents a consumer/patient-friendly interface for the database, and patient-oriented monographs. **Languages:** English. **Access:** A paid subscription is required to access either of these resources. Some medical care centres and university libraries may have free access through their subscription resources. Contact your care centre's librarians for more information (find provincial contact details in our [CAM and Cancer booklet](#) ).*
- [National Center for Complementary and Integrative Health](#) (NCCIH, previously the NCCAM) is part of the National Institutes of Health. **Content:** NCCIH is dedicated to exploring complementary and alternative therapies in the context of rigorous science, training complementary and alternative medicine (CAM) researchers, and disseminating authoritative information to the public and HCPs. The site provides information about current CAM research and clinical trials, funding opportunities, training opportunities, and general health information related to CAM. **Languages:** English, Spanish. **Access:** Free.

## CAMEO's Useful links list.

- [Medline Plus, Herbs and CAM therapies](#) is a joint service offered by the National Institutes of Health (US) and the National Library of Medicine (NLM). **Content:** It provides a free searchable (alphabetical) database of information about drugs, herbs, dietary supplements, and other CAM therapies. It includes links to the Natural Standards database (an evidence-based site) and the US Food and Drug Administration (which provides information about drug safety and advisories). **Languages:** English, Spanish. **Access:** Free.
- [Office of Dietary Supplements](#), a part of the National Institutes of Health, works to strengthen knowledge and understanding of dietary supplements by evaluating scientific information, stimulating and supporting research, disseminating research results, and educating the public about the efficacy and safety of dietary supplements...” **Content:** This site provides a searchable (alphabetical) database of information about dietary supplements including herbs, vitamins and minerals, and botanical supplements. U.S.A.-based, so country-specific information may be different. For example, natural health products are regulated in Canada: see the next entry on the Natural Health Products Directorate. **Languages:** English. **Access:** Free.
- [Natural Health Products Directorate](#), under the auspices of Health Canada, is the regulating authority for natural health products (NHPs) for sale in Canada. Their role is to ensure that Canadians have ready access to natural health products that are safe, effective and of high quality while respecting freedom of choice and philosophical and cultural diversity. **Content:** The site provides information about Canadian NHP regulations, legislation and guidelines, application forms for NHPD approval which are required to conduct research on NHPs in Canada, as well as reports. **Languages:** English, French. **Access:** Free.
- [Passeport Sante](#) provides current, research based information on complementary and alternative medicine as well as conventional medicine for health promotion and the prevention of illness. **Content:** All information is reviewed by medical doctors and/or Canada Research Chairs in Quebec. Information highlights include herbal supplements, Traditional Chinese Medicine and nutrition, including healthful recipes. An in-depth dictionary of ailments and therapies is also included. **Languages:** French. **Access:** Free
- [Time to Talk](#) Time to Talk was an educational campaign from the [National Center for Complementary and Integrative Health](#) to encourage patients and their health care providers to openly discuss the use of complementary health practices. When patients **tell** their providers, they can more effectively manage their health. When providers **ask** their patients, they can ensure that they are fully informed and can help patients make wise health care decisions. Simply put—it's time to talk! **Languages:** English. **Access:** Free. While the program has been retired, the concepts are still useful; the link has a synopsis of the program and key communication tips for patients and health care providers.

## CAM Research

- [NIH Clinical Trials registry and results database](#) is a searchable database of internationally registered Clinical trials. NCCIH offers a [filter showing](#) its funded completed and recruiting CAM clinical trials.
- [CAM on PubMed](#): Searchable database of published research abstracts obtained from the PubMed website filtered by the term “CAM”.